

Montford Middle School Athletic Team Descriptions



All Montford Athletics are open to all current 6th, 7th, and 8th graders

FALL (July through October)

- **Boys & Girls Cross Country** – A full 5 meet 3K race schedule at various locations that compete against Leon County Middle Schools. The elite Mustangs in this group practice in the morning and have won 6 county championships, including being the current two-time defending champions.
- **Football**- A full year developmental program, Montford Football competes against other Leon County Middle Schools throughout the fall. Practices are held afterschool, offseason weightlifting, as well as spring practice and summer workouts. Montford currently hold the district championship title which makes their 6th overall title. Games take place at Chiles High School and Gene Cox Stadium.
- **Girls Volleyball**- The girls volleyball team has 5 straight district championships. Games are held at the various Leon County Middle School. Practices are held in the mornings before school.

Winter I (October through December)

- **Baseball**- Montford Baseball is the only team in the county who has their own full practice field on campus for afternoon practices. This team joins the football team for off season weightlifting as well.
- **Boys Soccer**- The boys soccer team won its 4th district championship this year. The Mustangs practice in the afternoons on at Montford. All games take place at Gene Cox Stadium and Chiles High School.
- **Girls Basketball**- The girls' basketball team competes in 8 regular season games at the various Leon County Middle Schools. Practices are held in the afternoons at Montford Middle School.

Winter II (January through March)

- **Boys Basketball**- The Montford Boys Basketball team practices in the mornings. The team competes in 8 regular season games against other Leon County Middle Schools at home and away.
- **Girls Soccer**- The girls soccer team has 3 district championships on their resume. They practice in the afternoons at Montford Middle School. All games take place at Gene Cox Stadium and Chiles High School.

Spring (March through May)

- **Girls Softball**- The Montford girls softball team plays in the spring, with games at the Fairview Softball Complex against Leon County Middle Schools. The team practices after school at Montford.
- **Boys & Girls Track**- Track competes in 6 meets. Each held at the various local high school tracks. The Mustangs compete in both track and field events. They practice after school at Montford Middle School as well as Chiles High School.

Full Year Programs (August through May)

- **Cheerleading**- Montford has a fall cheer squad as well as a winter cheer squad. The fall cheer squad attends and cheers at all football games. The winter cheer squad supports all girls and boys home basketball games.
- **Dance**- The Montford Dance team performs at all home basketball games. Beginning in the fall of 2025, the Dance Team will perform during half time at the football games.